YSGOL GYNRADD CREIGIAU PRIMARY SCHOOL

Physical Education Policy Statement

Rationale

Physical education makes a vital and unique contribution to each child's physical development, health and well-being. The physical education programme should provide our children with opportunities to increase their self-confidence and develop social skills.

By providing a balance of individual and team, co-operative and competitive activities, it is intended to meet the needs of individual children.

Learning situations should be stimulating, enjoyable and challenging, based on progressive learning and varied teaching styles.

Every opportunity should be made available to promote an understanding of the benefits of a healthy and active lifestyle.

Aims

- To promote physical development and acquisition of a wide range of movement skills.
- To develop each child's ability to plan and create movement sequences/actions in a variety of activities.
- To develop artistic and aesthetic understanding within and through movement.

Planning

Teachers' planning of units of work should ensure continuity and progression.

Organisation

Physical Education will be organised into the following: -

Foundation = 2 x 30/35 minutes per week – timetabled use of facilities.

Y3 & Y4 = 2 x 35/40 minutes per week – timetabled use of facilities.

Y5 & Y6 = 2 x 40/45 minutes per week – timetabled use of facilities.

Activities at Foundation = Gymnastics, Dance and Games regularly each week throughout the year. Athletic activities will be part of the games programme.

Activities at K.S. 2 = Gymnastics, Dance and games will be the major focus. Athletic Activity and Adventurous Activities will occur for one half term. Swimming will be time-tabled for 5 days each for Y5 and Y6.

Entitlement

Children will be expected to participate in the full range of activities in the Physical Education curriculum. Access to this curriculum will be available to all.

Teaching and Learning

A range of teaching and learning opportunities will be planned by the teacher to ensure all pupils are able to progress at their own level – these may include: -

- Tasks set by the teacher – directed learning, including exposition.
- Practice and refine, including repetition.
- Guided discovery which could utilise conditioned games/tasks.
- Problem solving tasks.
- Open-ended tasks.
- Different strategies for grouping of children.
- Partner work and small group work.
- Pupils creating and inventing own tasks, games and practices.
- Reciprocal teaching possibly utilising task cards.
- Observation, reflection and discussion of lessons – review.
- Differentiation by task – appropriate to needs of individuals and small groups.

Assessment and Recording

Assessing children's progress will be a continuous process integral to lesson planning. Good teaching will ensure that each child is assessed regularly as to whether he/she has achieved the learning objectives.

Links with other Areas of the Curriculum

Teachers will consider the links Physical Education has with other subjects on the curriculum and how Physical Education can enhance those subjects and vice versa. Wherever possible, links will be made via Topic Work e.g. dance may use the stimulus of the topic, Holidays (Caribbean Carnival). Music may also form close links through dance. The curriculum including Y Cwricwlwm Cymreig, will play an important part in the physical education curriculum.

Health and Safety

To ensure their safety pupils will be enabled to follow instructions and demonstrate an awareness of potential dangers relating to: - clothing and footwear; jewellery; hair; working area and surface; equipment and each other.

Staff have agreed that pupils should have suitable clothing for each lesson. Parents receive termly information outlining the various activities that will be carried out, and they should ensure their children are equipped appropriately.

Staff have agreed that pupils who wear jewellery should not participate physically during lessons. Parents are advised to pierce their child's ears at the beginning of the Summer holidays and therefore will be able to remove earrings before lessons.

Pupils should bring a towel into school in order to dry following un favourable weather.

We encourage pupils to wear shorts and a T-shirt for lessons held in the school hall and seasonal clothes for lessons on the school field/yard. We advocate shorts that are cut above the knee so that body lines are visible during creative work. We suggest plain black or navy shorts and a plain white T-shirt for these activities, however this code is not statuatory.

Equality of Opportunity

All pupils will have an equal entitlement to become independently active. The needs and interests of all pupils will be protected, regardless of gender, culture, ability or aptitude. Individual needs within these categories will be identified and built into lesson planning. Quality and excellence will be the target for all and teaching staff at this school will have high expectations of all children.

Cwricwlwm Cymreig

Pupils will be given opportunities to develop and apply knowledge and understanding of the cultural, environmental, historical and linguistic characteristics of Wales through the physical education programme.

Policy Review

This policy is to be reviewed annually. It will be the co-odinator's role to monitor implementation of policy into practice and effect the review. It is the Headteacher's role to ensure implementation.

Lee Balbini
February 2010